

## Our Lady of the Way Anaphylaxis Policy



Our Lady of the Way Catholic Primary School is a school which operates with the consent of the Catholic Archbishop of Melbourne and is owned, operated and governed by Melbourne Archdiocese Catholic Schools Ltd (MACS).

#### Introduction

Our Lady of the Way Catholic Primary School seeks to facilitate the safe participation of all students in the educational experiences offered by the school. Where students are known to be at risk of anaphylaxis, parents/guardians/ carers are required to provide relevant information to the school to enable us to carry out our duty of care obligations.

Our school requires the active engagement of parents/guardians/carers in the provision of up to date to Anaphylaxis Management Plans (ASCIA Action Plan) that comply with Ministerial Order 706: Anaphylaxis Management in Victorian schools and school boarding premises (Ministerial Order 706) for each student diagnosed with a medical condition that relates to allergy and the potential for anaphylactic reaction.

The processes at Our Lady of the Way Catholic Primary School reflect the associated guidelines published by the Victorian government to support implementation of Ministerial Order 706 in all Victorian schools. The school's processes are documented in the procedures for the management of anaphylaxis in line with the Anaphylaxis Policy for MACS Schools.

## **Purpose**

This policy ensures that Our Lady of the Way Catholic Primary School provides, as far as practicable, a safe and supportive environment in which students at risk of anaphylaxis are provided with reasonable adjustments for their participation in school programs and activities.

## Scope

This policy applies to:

- staff, including volunteers and casual relief staff
- all students who have been diagnosed as at risk of anaphylaxis or who may require emergency treatment for anaphylactic reaction
- parents/guardians/carers of students who have been diagnosed as at risk of anaphylaxis or who may require emergency treatment for anaphylactic reaction.

## **Principles**

The following principles underpin this policy:

 Our Lady of the Way Catholic Primary School principal and staff are responsible in ensuring the safety and wellbeing of all students in the school environment.

The principal and all staff work with parents/guardians/carers to ensure, as far as practicable, that the needs of children at risk of anaphylaxis will be considered, mitigated, and minimised during school activities.

 The principal and staff take reasonable steps to reduce and manage risks to students with anaphylaxis in the school environment and school approved activities.

## **Policy**

Our Lady of the Way Catholic Primary School engages with the parents/guardians/carers of students at risk of anaphylaxis to develop risk minimisation strategies and management strategies.

As reflected in Ministerial Order 706 and the school's Enrolment Agreement, parents/guardians/ carers are required to provide the school with up-to-date medical information to enable the school to carry out its duty of care.

The principal is responsible for ensuring that an Individual Anaphylaxis Management Plan is developed in consultation with the student's parents/guardians/carers, for any student who has been diagnosed by a medical practitioner as having a medical condition that relates to allergy and the potential for an anaphylactic reaction, where the school has been notified of the diagnosis, which includes an action plan for anaphylaxis in a format approved by the ASCIA (otherwise known as an ASCIA Action Plan for Anaphylaxis).

Parents/guardians/carers are responsible for the provision of an updated ASCIA Action Plan with any relevant changes to the student's medical condition as it relates to their allergy and potential for anaphylactic reaction, signed by the treating medical practitioner, together with a recent photo of their child and any medications and autoinjectors referenced in the plan and recommended for administration. Parents/guardians/carers are also responsible for providing an up to date photo for the ASCIA Action Plan when it is reviewed. For overseas travel or travel involving flights, an <u>ASCIA Travel Plan for People at Risk of Anaphylaxis</u> to be completed by a registered medical practitioner in conjunction with a red ASCIA Action Plan for Anaphylaxis.

Parent/guardians/carers must inform the school in writing if their child's medical condition changes, insofar as it relates to allergy and the potential for anaphylactic reaction, and if relevant, provide an updated ASCIA Action Plan.

Parents/guardians/carers are also responsible for replacing the recommended medication and/or autoinjectors prior to their expiry date.

The principal will ensure the storage and display of completed ASCIA Action Plans to facilitate access for staff e.g., in staff working areas, sick bay and class teacher manuals.]

Parents/guardians/carers must participate in an annual Program Support Group (PSG) meeting to revise their child's anaphylaxis management plan and update the plan based on medical advice.

The principal will purchase additional adrenaline autoinjectors for general use. They will decide on the type or brand of adrenaline autoinjector that is purchased for general use. These will be stored in the sick bay/first aid room and/or in the school's portable first aid kit as required. A <u>First Aid Plan for Anaphylaxis</u> and emergency procedures are to be stored or posted with general use adrenaline injectors. The principal is responsible for ensuring that general use autoinjectors are replaced at time of use or expiry, whichever is first. The expiry period is generally 12-18 months.

The principal must complete the Annual Anaphylaxis Risk Management Checklist for Schools at the start of each year to monitor the school's compliance with Ministerial Order 706.

The principal takes reasonable steps to ensure each Our Lady of the Way Catholic Primary School staff member has adequate knowledge and training about allergies, anaphylaxis, and the school's expectations in responding to an anaphylactic reaction. The principal is responsible for ensuring that all staff undertake and successfully complete appropriate training for anaphylaxis management in accordance with Ministerial Order 706. Our Lady of the Way Catholic Primary School will conduct twice yearly anaphylaxis management staff briefings including information set out by the Department of Education (DE) for use in Victorian schools, with one briefing at the commencement of the school year.

Procedures to implement this policy are documented below.

## Roles, responsibilities and reporting

Role	Responsibility	Reporting requirement (if applicable)
Principal	Maintain a register of students at risk of anaphylactic reaction	
Principal	Ensure adequate autoinjectors for general use are available in the school	
Principal	Ensure twice yearly briefings on anaphylaxis management are conducted, with one briefing held at the commencement of the school year	
Principal	Ensure staff have completed appropriate training and that adequate staff trained in anaphylaxis management are available for all school activities including off site activities and school approved activities outside school hours	
Principal	Ensure a communication plan is developed to provide information to all school staff, students, parents/guardians/carers about the school's policy and procedures for anaphylaxis management	
Principal	Ensure this policy is published and available to the school community	Annual attestation to the Executive Director
Anaphylaxis Supervisor or other staff member who has completed Anaphylaxis Management course successfully in past two years	Conduct twice yearly briefings for all staff on anaphylaxis management using the briefing template provided by the DE for use in schools	

## **Procedures**

# Communication with parents/guardians/carers for management information

The principal engages with the parents/guardians/carers of students at risk of anaphylaxis to develop risk minimisation strategies and management strategies. The principal will also take reasonable steps to ensure each staff member has adequate knowledge about allergies, anaphylaxis, and the school's expectations in responding to an anaphylactic reaction.

The principal requires that parents/guardians/carers provide up to date medical information and an updated Individual Action Plan (ASCIA Action Plan) signed by the treating medical practitioner together with a recent photo of their child and any medications and autoinjectors referenced in the plan and recommended for administration. Parents/guardians/carers are requested to provide this information annually, prior to camps and excursions, and if the child's medical condition changes since the information was provided.

## **Individual Anaphylaxis Management Plans**

The principal is responsible for ensuring that all students who have been diagnosed by a medical practitioner as having a medical condition that relates to allergy and the potential for anaphylactic reaction have an Individual Anaphylaxis Management Plan (IAMP) developed in consultation with the student's parents/guardians/carers.

Our Lady of the Way Catholic Primary School requires the IAMP to be in place as soon as practicable after the student is enrolled and where possible before their first day of school. An interim management plan will be put into place for a student who is diagnosed with anaphylaxis after enrolment at the school until the IAMP is developed. The principal or delegate will develop an interim plan in consultation with parents/guardians/carers. Training and a briefing will occur as soon as possible after the interim plan is developed.

The IAMP will comply with Ministerial Order 706 and record:

- student allergies
- locally relevant risk minimisation and prevention strategies
- names of people responsible for implementing risk minimisation and prevention strategies
- · storage of medication
- student emergency contact details
- student ASCIA Action Plans

The student's IAMP will be reviewed by the principal or their delegate, in consultation with the student's parents, in all the following circumstances:

- annually
- if the student's medical condition, insofar as it relates to allergy and the potential for anaphylactic reaction, changes
- as soon as practicable after the student has an anaphylactic reaction at school
- when the student is to participate in an off-site activity, such as camps and excursions, or at special events conducted, organised or attended by the school (e.g. class parties, elective subjects, cultural days, fetes, incursions

## Location of Individual Anaphylaxis Management Plans and ASCIA Action Plans

Members of the School Leadership Team communicate to staff the details of the location of student Individual Anaphylaxis Management Plans and ASCIA Action Plans within the school, during excursions, camps and special events conducted, organised, or attended by the school. Please

note the <u>ASCIA Travel Plan for People at Risk of Anaphylaxis</u> requires completion by a registered medical practitioner for domestic or overseas travel.

- Autoinjectors are located in the following buildings:
  - Sickbay (Main Administration Building)
  - North end of Foundation, Year 1, Year 4 Building
  - South end of the Year 2, Year 4, Year 5/8 Building

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- Individual Anaphylaxis Plans are found in the following locations:
  - Sick Bay ( Main Administration Building)
  - Individual Classrooms
  - Emergency Teacher Folders
  - Excursion Backpacks and Camp Packs
- Camps and Excusion Procedures:
  - Backpacks contain relevant anaphylaxis and asthma plans
  - o Corresponding autoinjectors are packed and appropriately stored.
  - Secondary autoinjector is packed and appropriately stored.

For Further information refer to:

School-Events-and-Activity-Risk-Assessment-Sample.pdf

Our Lady of the Way Risk Management.pdf

Risk-Assessment-Criteria-2023.pdf

## Risk minimisation and prevention strategies

Our Lady of the Way Catholic Primary School will ensure that risk minimisation and prevention strategies are in place for all relevant in-school and out-of-school settings which include (but are not limited to) the following:

- during classroom activities (including class rotations, specialist and elective classes)
- between classes and other breaks
- in canteens
- during recess and lunchtimes
- before and after school where supervision is provided (excluding OSHC)
- special events including incursions, sports, cultural days, fetes or class parties, excursions and camps.

Our Lady of the Way does not ban certain types of foods (e.g., nuts) as it is not practicable to do so and is not a strategy recommended by the Department of Education (DE) or the Royal Children's Hospital. However, the school avoids the use of nut-based products in all school activities, request that parents do not send those items to school if possible and the school I reinforces the rules about not sharing and not eating foods provided from home.

Our Lady of the Way provides lunch orders twice weekly through an external cafe. The school will ensure that the cafe provider and its employees eliminate or reduce the likelihood of such allergens, can demonstrate satisfactory training in the area of food allergy and anaphylaxis and its implications for food-handling practices.

Our Lady of the Way regularly reviews the risk minimisation strategies outlined in *Risk minimisation* strategies for schools considering information provided by parents related to the risk of anaphylaxis.

Refer to Appendix A - Risk minimisation strategies

## Register of students at risk of anaphylactic reactions

Our Lady of the Way Admin Staff to maintain an up-to-date register of students at risk of anaphylactic reaction. This information is to be shared with all staff and accessible to all staff in an emergency.

A register of students diagnosed with Anaphylaxis is recorded in the Sickbay and displayed. The required information is shown in student's individual Anaphylaxis plan. Our Lady of the Way Admin staff will maintain and update the register/ plans as required.

## Location, storage and accessibility of autoinjectors

It is the responsibility of the principal to purchase autoinjectors for the school for general use:

as a back-up to autoinjectors that are provided for individual students by parents in case there
is a need for an autoinjector for another student who has not previously been diagnosed at risk
of anaphylaxis.

The Principal determines the number of additional autoinjector(s) required. In doing so, the Principal should take into account the following relevant considerations:

- the number of students enrolled at the school who have been diagnosed as being at risk of anaphylaxis, including those with an ASCIA Action Plan for allergic reactions (they are potentially at risk of anaphylaxis)
- the accessibility of autoinjectors (and the type) that have been provided by parents of students who have been diagnosed as being at risk of anaphylaxis
- the availability and sufficient supply of autoinjectors for general use in specified locations at the school including in the school yard, and at excursions, camps and special events conducted, organised or attended by the school
- that autoinjectors for general use have a limited life, and will usually expire within 12–18 months, and will need to be replaced at the school's expense either at the time of use or expiry, whichever is first.

School anaphylaxis supervisors are responsible for informing school staff of the location for use in the event of an emergency.

- autoinjectors available in Australia are EpiPen® and EpiPen Jnr®
- autoinjectors are designed so that anyone can use them in an emergency.

## When to use an Autoinjector for general use

The principal ensures that autoinjectors for general use will be used under the following circumstances:

- a student's prescribed autoinjector does not work, is misplaced, misfires, has accidentally been discharged, is out of date or has already been used
- a student previously diagnosed with a mild or moderate allergy who was not prescribed an adrenaline injector has their first episode of anaphylaxis
- when instructed by a medical officer after calling 000
- first time reaction to be treated with adrenaline before calling.

Note: if in doubt, give autoinjector as per ASCIA Action Plans. Please review <u>ASCIA First Aid</u> <u>Plan for Anaphylaxis (ORANGE)</u> and <u>ASCIA Adrenaline (Epinephrine) Injectors for General Use</u> for further information.

## **Emergency response to anaphylactic reaction**

In an emergency anaphylaxis situation, the student's ASCIA Action Plan, the emergency response procedures in this policy and <u>ASCIA First Aid Plan for Anaphylaxis</u> must be followed.

The principal must ensure that when a student at risk of an anaphylactic reaction is under the care or supervision of the school outside normal class activities, such as in the school yard, on camps or excursions or at special events conducted, organised or attended by the school, there are sufficient staff present who have been trained in accordance with Ministerial Order 706.

All staff are to be familiar with the location and storage and accessibility of autoinjectors in the school, including those for general use.

The principal must determine how appropriate communication with school staff, students and parents is to occur in event of an emergency about anaphylaxis.

Copies of the <u>ASCIA First Aid Plan for Anaphylaxis</u> and emergency procedures are prominently displayed in the relevant places in the school, for example, first aid room, classrooms and in/around other school facilities, including the canteen

- A complete and up-to-date list of students identified at risk of anaphylaxis can be located in the school sickbay, individual classroom spaces and Emergency Teacher Folders.
- Details of Individual Anaphylaxis Management Plans and ASCIA action plans and their locations within the school and during off site activities or special events are located in Camp/ Excursion packs, Sickbay, Individual classrooms and Emergency Teacher Folders.
- Details of what to do in an emergency classroom, playground, off-site are located in Sickbay, Staffroom, office spaces, individual classrooms, Emergency Teacher Folders.

Refer to Appendix B – Emergency Response to Anaphylactic Reaction

## **Staff training**

In compliance with Ministerial Order 706, it is recommended that all Victorian school staff undertake one of three accredited training options.

**Option 1.** All school staff complete the online *ASCIA Anaphylaxis e-training for Victorian Schools* and have their competency in using an autoinjector tested by the school Anaphylaxis Supervisor in person within 30 days of completing the course. The school Anaphylaxis Supervisor will have completed Course in Verifying the Correct Use of Adrenaline Injector Devices 22579VIC – at no cost for Victorian Catholic schools from HERO HQ. Staff are required to complete the ACSIA online training every two years.

**Option 2.** School staff undertake face-to-face training Course in First Aid Management of Anaphylaxis 22578VIC. Accredited for three years.

**Option 3.** School staff undertake face-to-face training Course in Allergy and Anaphylaxis Awareness 10710NAT. Accredited for three years.

Our Lady of the Way requires all staff to participate in training to manage an anaphylaxis incident. The training should take place as soon as practicable after a student at risk of anaphylaxis enrols and, where possible, before the student's first day at school.

Staff undertake training to manage an anaphylaxis incident if they:

- conduct classes attended by students with a medical condition related to allergy and the potential for anaphylactic reaction
- are specifically identified and requested to do so by the principal based on the principal's
  assessment of the risk of an anaphylactic reaction occurring while a student is under that staff
  member's care, authority or supervision.

Our Lady of the Way considers where appropriate whether casual relief teachers and volunteers should also undertake training.

Our Lady of the Way staff are to:

- successfully complete an approved anaphylaxis management training course in compliance with Ministerial Order 706
- participate in the school's twice yearly briefings conducted by the school's anaphylaxis supervisor or another person nominated by the principal, who has successfully completed an approved anaphylaxis management training program in the past two years.

A range of training programs are available, and the principal determines an appropriate anaphylaxis training strategy and implement this for staff. The principal ensures that staff are adequately trained and that enough staff are trained in the management of anaphylaxis noting that this may change from time to time dependant on the number of students with IAMPs.

The principal I is to identify two staff per school or campus to become school anaphylaxis supervisors.

The school anaphylaxis supervisors are: Lauryn Doherty, Elizabeth Stoward, Annette Moore

A key role undertakes competency checks on all staff who have successfully completed the ASCIA online training course. To qualify as a school anaphylaxis supervisor, the nominated staff members need to complete an accredited short course that teaches them how to conduct a competency check on those who have completed the online training course e.g., Course in Verifying the Correct Use of Adrenaline Injector Devices 22579VIC. At the end of the online training course, participants who have passed the assessment module are issued a certificate which needs to be signed by the school anaphylaxis supervisor to indicate that the participant has demonstrated their competency in using an adrenaline autoinjector device.

School staff who complete the online training course are required to repeat that training and the adrenaline autoinjector competency assessment every two years.

Hero HQ has been contracted by the Catholic Education Commission of Victoria Ltd to deliver training in the Course in Verifying the Use of Adrenaline Injector Devices 22579VIC at no cost to Catholic schools. Training in this course is current for three years.

Our Lady of the Way notes that Course in First Aid Management of Anaphylaxis 22578VIC and Course in Allergy and Anaphylaxis Awareness 10710NAT are face-to-face courses that comply with the training requirements outlined in Ministerial Order 706. School staff who have completed these courses will have met the anaphylaxis training requirements for the documented period.

## **Twice Yearly Staff Briefing**

The principal ensures that twice yearly anaphylaxis management briefings are conducted, with one briefing held at the start of the year. The briefing is to be conducted by the school anaphylaxis supervisor or another staff member who has successfully completed an Anaphylaxis Management Course in the previous two years. The school use the Anaphylaxis Management Briefing Template provided by the Department of Education for use in Victorian schools. A facilitator guide and presentation for briefings created by Department of Education is available in the resources section of the procedures.

The briefing includes information about the following:

- The school's legal requirements as outlined in Ministerial Order 706
- the school's anaphylaxis management policy
- causes, signs and symptoms of anaphylaxis and its treatment
- names and pictures of students at risk of anaphylaxis, details of their year level, allergens, medical condition and risk management plans including location of their medication
- relevant anaphylaxis training

- ASCIA Action Plan for Anaphylaxis and how to use an autoinjector, including practising with a trainer autoinjector
- the school's general first aid and emergency responses
- location of and access to autoinjectors that have been provided by parents or purchased by the school for general use.

All school staff should be briefed on a regular basis about anaphylaxis and the school's anaphylaxis management policy.

Outline here the Staff training arrangements for your school:

- Our Lady of the Way staff participate in online Anaphylaxis etraining through ASCIA biannually.
- Our Lady of the Way staff will take part in twice yearly practical training and briefing.
- Record for attendance and training will be kept and maintained by the Anaphylaxis
  assessors.

## **Anaphylaxis communication plan**

Our Lady of the Wayl is responsible for ensuring that a communication plan is developed to provide information to all school staff, students and parents/guardians/carers about anaphylaxis and the school's anaphylaxis management policy.

This communication plan will include strategies for advising school staff, students and parents about how to respond to an anaphylaxis reaction of a student in various environments:

- during normal school activities, including in a classroom, in the school yard, in all school buildings and sites including gymnasiums and halls
- during off-site or out of school activities, including on excursions, school camps and at special events conducted, organised or attended by the school.

The principal ensures that the school staff are adequately trained by completing an approved training course

- ASCIA e-training every 2 years together with associated competency checks by suitably trained Anaphylaxis Supervisor that has completed Course in Verifying the Correct Use of Adrenaline Injector Devices 22579VIC, or
- Course in First Aid Management of Anaphylaxis 22578VIC or Course in Allergy and Anaphylaxis Awareness 10710NAT every 3 years.

AND provision of

 an in-house briefing for school staff at least twice per calendar year in accordance with Ministerial Order 706.

This policy is publicly available/ published on the school's website <a href="https://www.ourladywallan.catholic.edu.au">www.ourladywallan.catholic.edu.au</a>

## **Definitions**

#### **Anaphylaxis**

Anaphylaxis is a severe, rapidly progressive allergic reaction that is potentially life threatening. The most common allergens in school aged children are peanuts, eggs, tree nuts (e.g., cashews), cow's milk, fish and shellfish, wheat, soy, sesame, lupin and certain insect stings (particularly bee stings).

#### **Anaphylaxis Guidelines (Guidelines)**

A resource for managing severe allergies in Victorian schools, published by the Department of Education (DE) for use by all schools in Victoria and updated from time to time.

Australasian Society of Clinical Immunology and Allergy (ASCIA)

The peak professional body of clinical immunology and allergy in Australia and New Zealand.

#### **Autoinjector**

An adrenaline autoinjector device, approved for use by the Australian Government Therapeutic Goods Administration, which can be used to administer a single pre-measured dose of adrenaline to those experiencing a severe allergic reaction (anaphylaxis).

#### **Department of Education (DE)**

Victorian Department of Education.

#### Melbourne Archdiocese Catholic Schools Ltd (MACS)

MACS is a reference to Melbourne Archdiocese Catholic Schools Ltd, and / or its subsidiaries, MACSS and/or MACSEYE (as the context requires).

#### Melbourne Archdiocese Catholic Specialist Schools Ltd (MACSS)

Melbourne Archdiocese Catholic Specialist Schools Ltd, a wholly owned subsidiary of MACS established to conduct and operate specialist schools.

#### Ministerial Order 706

Ministerial Order 706: Anaphylaxis Management in Victorian Schools which outlines legislated requirements for schools and key inclusions for their Anaphylaxis Management Policy.

## Related policies and resources

#### Supporting documents

Our Lady of the Way Individual Anaphylaxis Management Plan – Template

Risk Minimisation Strategies for Schools – Template

Our Lady of the Way Emergency Response to Anaphylactic Reaction – Sample – Template for Schools

Our Lady of the Way Off-site Risk Management Checklist for Schools – Template Annual Anaphylaxis Risk Management Checklist for Schools – Template

#### **Related MACS policies**

Anaphylaxis Policy for MACS schools Duty of Care Policy for MACS schools Emergency Management Plan First Aid Policy

#### Resources

Department of Education Victoria Anaphylaxis Guidelines

Department of Education Victoria Anaphylaxis Management Briefing presentation

Department of Education Victoria Facilitator guide for anaphylaxis management briefing

ASCIA Action Plans and First Aid Plans for Anaphylaxis or Allergies

ASCIA Action Plans for Anaphylaxis (General, Anapen, Epipen)

ASCIA First Aid Plan for Anaphylaxis (General, Anapen, Epipen, Pictorial)

**ASCIA Travel Plan** 

ASCIA Anaphylaxis e-training for Victorian schools

ASCIA Adrenaline (Epinephrine) Injectors for General Use

## **Policy information table**

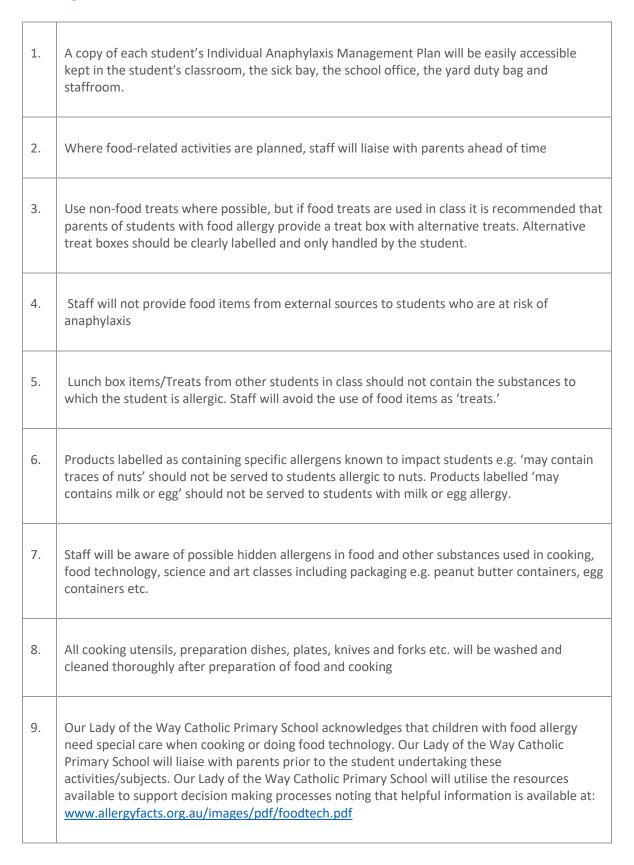
Approving Authority	
Approval date	October 2023
Date of next review	March 2025

Publication details	Policy is made public on the Our Lady of the Way website
	www.ourladywallan.catholic.edu.au

## Appendix A: Risk Minimisation strategies for schools

#### **In-school settings**

#### Learning Areas/Classrooms



- 10. Our Lady of the Way Catholic Primary School will regularly undertake discussions with students about the importance of washing hands, eating their own food and not sharing food
- 11. The Principal and or the Deputy Principal will inform emergency teachers, specialists, teachers and volunteers of the names of any students at risk of anaphylaxis, the location of each student's Individual Anaphylaxis Management Plan and EpiPen, the School's Anaphylaxis Policy and each person's responsibility in managing an incident i.e. seeking a trained staff member.

#### Canteen

- 1. Canteen staff will be trained in food allergen management and its implications for food handling practices. Canteen staff (whether internal or external) should be able to demonstrate satisfactory training in food allergen management and its implications for food-handling practices, including knowledge of the major food allergens triggering anaphylaxis, crosscontamination issues specific to food allergy, label reading, etc.
- 2. Canteen staff, including volunteers, will be briefed about students at risk of anaphylaxis and, have up to date training in an anaphylaxis management training course as soon as practical after a student enrols.
- 3. A copy of the student's ASCIA Action Plan for Anaphylaxis will be displayed in the canteen as a reminder to canteen staff and volunteers.
- 4. Products labelled 'may contain traces of nuts' should not be served to students allergic to nuts
- 5. The canteen will provide a range of healthy meals and products that exclude peanuts or other nut products in the ingredient list or a 'may contain...' statement.
- 6. Tables and surfaces will be wiped down regularly
- 7. Our Lady of the Way Catholic Primary School acknowledges that food banning is not generally recommended by RCH and ASCIA. Our Lady of the Way Catholic Primary School will reinforce a 'no sharing' rule with the students as recommended for food, utensils and food containers. Where it is deemed in the best interests of the school community Our Lady of the Way Catholic Primary School may seek agreement to not stock peanut and tree nut products (e.g. hazelnuts, cashews, almonds, etc.).

8. Staff will have an awareness of contamination of other foods when preparing, handling or displaying food. For example, a tiny amount of butter or peanut butter left on a knife and used elsewhere may be enough to cause a severe reaction in someone who is at risk of anaphylaxis from cow's milk products or peanuts.

#### **School Grounds**

1.	Our Lady of the Way Catholic Primary School will regularly review plans to ensure that sufficient school staff trained in the administration of the adrenaline autoinjector (i.e. EpiPen®) are on yard duty and be able to access and autoinjector and respond quickly to an allergic reaction if needed.
2.	Our Lady of the Way Catholic Primary School will review processes to ensure that EpiPens and Individual Anaphylaxis Plans are easily accessible from the school grounds
3.	Our Lady of the Way Catholic Primary School will have an emergency response procedure and communication plan is in place for Staff on Staff Duty so medical information can be retrieved quickly if an allergic reaction occurs in the yard. All staff will be aware of the school process for seeking support (notify the general office/first aid team) if an anaphylactic reaction occurs during recess or lunch time.  Eemergency cards in yard-duty bags, yard-duty mobile phones, by on duty staff.
4.	Staff on duty will be able to identify by face those students at risk of anaphylaxis
5.	Students with anaphylactic responses to insects will be encouraged to stay away from water or flowering plants
6.	Our Lady of the Way Catholic Primary School will ensure lawns are regularly mowed and bins are covered
7.	Students are to keep drinks and food covered while outdoors

### Special Events (e.g. sporting events, incursions, class parties, etc)

1. Our Lady of the Way Catholic Primary School will ensure that sufficient staff, who have been trained in the administration of an autoinjector, are supervising students to be able to respond quickly to an anaphylactic reaction if required.

- 2. Staff will avoid using food in activities or games or as rewards
- 3. Our Lady of the Way Catholic Primary School will consult with parents in advance of planned special events to either develop an alternative food menu or request the parent to send a meal for the student/s at risk
- 4. Parents of other students will be informed in advance about foods that may cause allergic reactions in students at risk and request that they avoid providing students with treats containing known allergens whilst they are at a special school event
- 5. Party balloons will not be used if a student has an allergy to latex
- Where students from other schools are participating in an event at Our Lady of the Way Catholic Primary School, staff will consider requesting information from the participating schools about any students who will be attending the event who are at risk of anaphylaxis. In this instance, staff will seek agreement on strategies to minimise the risk of a reaction while the student is visiting the school. This should include a discussion of the specific roles and responsibilities of the host and visiting school. Students at risk of anaphylaxis will be required to bring their own adrenaline autoinjector with them to events outside their own school.

## **Out-of-school settings/Excursions/Camps/Tours**

Our Lady of the Way Catholic Primary School will determine which of the strategies set out below apply in the specific context for the out of-school setting involved in the planned activity. The strategies that are appropriate will be determined with consideration of factors such as the age and independence of the student, the facilities and activities available, and the general environment. Not all strategies will be relevant for each school activity.

#### Travel to and from school by bus

1. School staff will consult with parents of students at risk of anaphylaxis and the bus service provider to ensure that appropriate risk minimisation strategies are in place to manage an anaphylactic reaction should it occur on the way to or from the school or venue on the bus. This includes the availability and administration of an adrenaline autoinjector. The adrenaline autoinjector and ASCIA Action Plan for Anaphylaxis must be with the student on the bus even if this child is deemed too young to carry an adrenaline autoinjector on their person at school.

#### Field trips/excursions/sporting events

1. Risk Assessment will be undertaken for each individual student attending. If a student/s at risk of anaphylaxis is attending, sufficient school staff supervising the special event will be trained in the administration of an adrenaline autoinjector and be able to respond quickly to an anaphylactic reaction if required.

2. A school staff member or team of school staff trained in the recognition of anaphylaxis and the administration of the adrenaline autoinjector will attend field trips or excursions. School staff and venue staff should avoid using food in activities or games, including as rewards 3. The adrenaline autoinjector and a copy of the individual ASCIA Action Plan for Anaphylaxis for each student at risk of anaphylaxis should be easily accessible and school staff must be aware of their exact location. For each field trip, excursion etc, a risk assessment will be undertaken for each individual student attending who is at risk of anaphylaxis. The risks may vary according to the number of anaphylactic students attending, the nature of the excursion/sporting event, size of venue, distance from medical assistance, the structure of excursion and corresponding staff-student ratio. All school staff members present during the field trip or excursion will be made aware of the identity of any students attending who are at risk of anaphylaxis and be able to identify them by face. Staff in charge should consult parents of anaphylactic students in advance to discuss issues that might arise, to develop an alternative food menu or request the parent provide a meal (if required) 7. In rare cases where the school deems it necessary, parents may be invited to accompany their child on field trips and/or excursions. This will be discussed with parents as one possible strategy for supporting the student who is at risk of anaphylaxis. Prior to the excursion taking place, school staff should consult with the student's parents and 8. medical practitioner (if necessary) to review the student's Individual Anaphylaxis Management Plan to ensure that it is up to date and relevant to the particular excursion activity. If the field trip, excursion or special event is being held at another school then that school should be notified ahead of time that a student at risk of anaphylaxis will be attending, and appropriate risk minimisation strategies discussed ahead of time so that the roles and responsibilities of the host and visiting school are clear. Students at risk of anaphylaxis should take their own adrenaline autoinjector with them to events being held at other schools.

#### **Camps or Remote Settings**

1. Prior to engaging a camp owner/operator's services Our Lady of the Way Catholic Primary School will make enquiries as to whether the operator can provide food that is safe for any anaphylactic students that may be attending. If a camp owner/operator/camp cook cannot provide this confirmation in writing to the school, Our Lady of the Way Catholic Primary School will not sign any written disclaimer or statement from a camp owner/operator that indicates that the owner/operator is unable to provide food which is safe for students at risk of anaphylaxis. Where this attestation is not provided in writing, then the school will strongly consider using an alternative service provider as a reasonable step in discharging its duty of care to the student/s at risk of anaphylaxis due to food allergens. 2. Our Lady of the Way Catholic Primary School will conduct a risk assessment and develop a risk management strategy for any student/s at risk of anaphylaxis while they are on camp. This will be developed in consultation with parents/carers of students at risk of anaphylaxis and camp owners/operators prior to the camp's commencement. 3. Our Lady of the Way Catholic Primary School's staff will consult with the parents of students at risk of anaphylaxis and where appropriate, the camp owner/operator to ensure that appropriate procedures are in place to manage an anaphylactic reaction should it occur. If these procedures are deemed to be inadequate, further discussions, planning and implementation will be undertaken in order for the school to adequately discharge its nondelegable duty of care. 4. If Our Lady of the Way Catholic Primary School has concerns about whether the food provided on a camp will be safe for students at risk of anaphylaxis, it will raise these concerns with the camp owner/operator and consider alternative means for providing food for those student/s at risk of anaphylaxis 5. The use of substances containing known allergens should be avoided where possible 6. Prior to the camp taking place school staff should consult with the student's parents to review the Individual Anaphylaxis Management Plan/s to ensure that it is up to date and relevant to the circumstances of the particular camp. Schools will seek parental support to advise students with allergies to insects to wear closed shoes and long-sleeved garments when outdoors and encouraged them to stay away from water or flowering plants. 7. Our Lady of the Way Catholic Primary School will ensure that the student's adrenaline autoinjector, Individual Anaphylaxis Management Plan, including the ASCIA Action Plan for Anaphylaxis and a mobile phone are taken on camp. If mobile phone access is not available, an alternative method of communication in an emergency will be considered, e.g. a satellite phone. All staff attending camp should familiarise themselves with the students' Individual Anaphylaxis Management Plans AND plan emergency response procedures for anaphylaxis prior to camp and be clear about their roles and responsibilities in the event of an anaphylactic reaction.

- 8. Our Lady of the Way Catholic Primary School will conduct a risk assessment prior to excursions/school camps which will include contact with local emergency services and hospitals well before the camp to provide details of any medical conditions of students, location of camp and location of any off-camp activities. Contact details of emergency services will be available for school staff as part of the emergency response procedures developed for the camp. Camp activities will be reviewed to avoid activities that use known allergens (cooking, craft etc)
- 9. Autoinjectors should remain close to the students and staff must be aware of its location at all times.
- 10. General use Autoinjectors will be included in camp first aid kits as a back-up device in the event of an emergency.
- 11. Staff will consider exposure to allergens when students are consuming food during travel on bus/plane/etc. and whilst in cabins/tents/dormitories/etc.

#### **Overseas Travel**

- 1. Strategies used will be similar to those for camps/remote settings and Our Lady of the Way Catholic Primary School will involve parents in discussions regarding risk management well in advance.
- 2. Potential risks at all stages of the overseas travel will be considered. Potential risks include:
  - travel to/from airport/port
  - travel to/from Australia
  - various accommodation venues
  - all towns and venues visited, and sourcing safe foods at all locations.

The risk of cross contamination of food will be assessed including:

- exposure to food of other students,
- hidden allergens in foods,
- whether the table and surfaces will be adequately cleaned to prevent reaction,
- whether the other students are able to wash their hands when handling food
- 3. Our Lady of the Way Catholic Primary School will assess where each of these risks can be managed using minimisation strategies such as the following: Translation of student's Individual Anaphylaxis Management Plan and ASCIA Action Plan into the local language, sourcing safe food, obtaining names, address and contact details of the nearest hospital and medical practitioners at each location that may be visited, obtaining emergency contact details, seeking information about sourcing additional autoinjectors if required in situ.

- 4. Details of travel insurance, including contact details for the insurer, will be recorded. It will be determined how any costs associated with medication, treatment and/or alteration to the travel plans as a result of an anaphylactic reaction can be paid.
- 5. The school will plan for appropriate supervision of students at risk of anaphylaxis at all times including: provision of sufficient supervising staff who have been trained in Anaphylaxis Management, sufficient supervision of at risk students particularly during meal times, when taking medication or engaged in activities where there may be added exposure to potential allergens, provision of adequate supervision of any affected student(s) requiring medical treatment and other students, staff/students ratios can be maintained, including in the event of an emergency where students may need to be separated.
- 6. The School's Emergency Response Procedure will be determined given local circumstances
- 7. The school should reassess its emergency response procedures, and if necessary adapt them to the particular circumstances of the overseas trip. Keep a record of relevant information such as the following:

ates of travel

ame of airline, and relevant contact details

inerary detailing the proposed destinations, flight information and the duration of the stay in each location

otel addresses and telephone numbers

roposed means of travel within the overseas country

st of students and each of their medical conditions, medication and other treatment (if any) mergency contact details of hospitals, ambulances, and medical practitioners in each location etails of travel insurance

lans to respond to any foreseeable emergency including who will be responsible for the implementation of each part of the plans

ossession of a mobile phone or other communication device that would enable the school staff to contact emergency services in the overseas country if assistance is required.

#### Work Experience

1. Our Lady of the Way Catholic Primary School will involve parents, the student and the work experience employer in discussions regarding risk management prior to a student at risk of anaphylaxis attending work experience. The employer and relevant staff must be shown the ASCIA Action Plan for Anaphylaxis and how to use the adrenaline autoinjector in case the work experience student shows signs of an allergic reaction whilst at work experience. It may be helpful for the teacher and the student to do a site visit before the student begins placement.

# Appendix B: Example Emergency Response to Anaphylactic Reaction Procedures

Emergency Response to anaphylactic reaction		
In all situations	1. If safe to do so, lay the person flat, do not allow patient to stand or walk.	
	<ul> <li>If breathing is difficult allow patient to sit</li> <li>Be calm, reassuring</li> <li>Do not leave them alone</li> <li>Seek assistance from another staff member or reliable student to locate the autoinjector or a general use autoinjector, and the student's Individual Anaphylaxis Management Plan</li> <li>If the student appears to be experiencing a first time reaction, continue with steps 2 – 6.</li> </ul>	
	Administer prescribed adrenaline autoinjector or EpiPen— note the time given and retain used EpiPen to give ambulance paramedics	
	<ul> <li>4. Phone ambulance 000 (112 – mobile)</li> <li>5. If there is no improvement or severe symptoms progress, further adrenaline doses may be given every five minutes (if another autoinjector is available)</li> </ul>	
	6. Phone family/emergency contact	

If in doubt, give autoinjector.

If the student has not been previously diagnosed with an allergy or at risk of anaphylaxis but appears to be having a severe allergic reaction, follow Steps 2–6 above.